

iLASIK Post-Procedure Care



1) *Imprimis* – antibiotic / steroid combination eyedrop

Instill 1 drop into the operative eye(s) 4 times daily for a total of 5 days.

2) Lubricating Drops- Preservative Free Artificial Tears

Instill 1 drop into the operative eye(s) every 1-2 hours while awake, or more, as needed for comfort for 5 days or as directed.



EYE PROTECTION:

- **Do not squeeze or rub your eyes for 1 week.**
- Wear your wraparound sunglasses for the first 5 days while outside. These will help you avoid rubbing your eyes and keep your eyes comfortable if you are light sensitive.
- Wear your eyeshields for one week while sleeping to avoid inadvertently rubbing your eyes while you're asleep. Use the tape provided in your kit to secure them to your face.

ACTIVITIES:

- No eye make-up for 1 week.
- Avoid dirty, dusty environments for 1 week.
- No swimming, hot tubs or whirlpools for 1 week.
- No driving until permitted by your eye doctor.

EXPECTATIONS:

Your eyes may tear and sting for the first day. Lubrication, time and rest will improve your comfort. Tylenol, Advil or other similar pain relievers may be taken if necessary. You can expect mild redness of the eyes the day of surgery.

It is normal for vision to be blurry and to fluctuate for the first few days and to gradually improve over the next 4 weeks. Complete visual recovery typically takes at least 3 months. Reading may be difficult initially.

Please remember that everyone heals differently. Your progress will be monitored at regularly scheduled visits. Please call our office at **512-347-0255** with any questions or concerns.



		