

## Corneal Collagen Cross-Linking (CXL) Post-Procedure Instructions



### 1) *Imprimis – antibiotic, steroid, anti-inflammatory combination drops*

Instill 1 drop into the operative eye(s) 3 times daily for 5 days, or until the bandage contact lens is removed.



### 2) *Preservative Free Artificial Tears*

Instill 1 drop into the operated eye(s) 3 to 4 times daily, as needed.

*To avoid washing out the previously applied eyedrop, separate them by 3-5 minutes.*

**Discomfort:** You will be given a prescription for pain medication to be taken as needed to ease any discomfort and to help you sleep. You may add over the counter Ibuprofen if needed, as long as you are not allergic to it. It is best to sleep as much as possible as this will promote more rapid healing.

**Visual Recovery:** Your vision will slowly improve over a period of 5-6 days. Your focus will vary throughout the day and it will take several seconds for objects to become clear. Your depth perception will be off for 7-10 days, take precaution.

It is important to remember everyone heals at his own pace, please have patience. Your progress will be monitored at regularly scheduled visits. We are always available to answer your questions over the phone at **512-347-0255**.

**Activities:** You can wear makeup and return to most normal activities 48 hours *after* the bandage contact lens has been removed. Avoid dusty, dirty environments for 5 days and avoid swimming pools and hot tubs for 7 days.



	